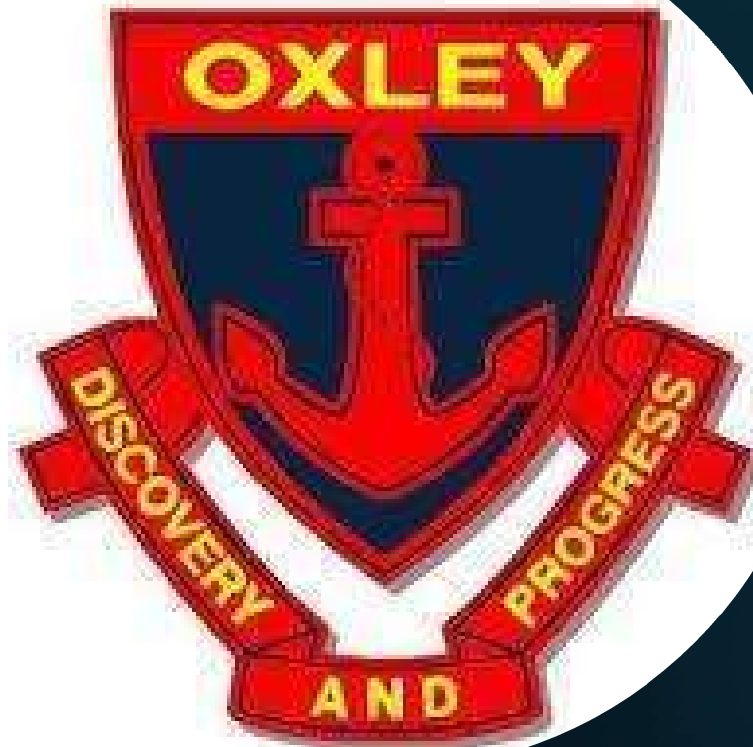


What is our action plan?

Our Action Plan was to get students to be active during breaks and create an annual event that would bring social connection, school spirit and school tradition.

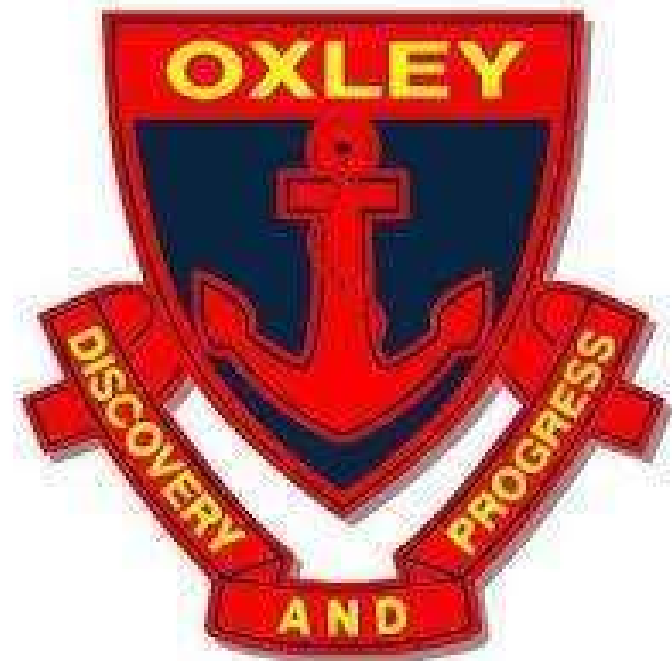


SALT

Sport at Lunchtime

- **1. Active Breaks**

- To encourage students to be active during breaks:
- **Organize short physical challenges** like a "Fitness Minute" where students participate in quick, fun activities (e.g., tug of war, vortex throwing, egg and spoon races) during breaks.
- **Create designated activity zones:** Set up areas where students can do quick sports or games like basketball hoops, soccer drills, or even a mini obstacle course.
- **Collaborate with PE teachers** to incorporate activity into breaks, like leading a short dance or fitness routine over the school intercom.
- **Offer incentives:** Recognize active participation with rewards such as "active student of the week" or small prizes for completing certain challenges



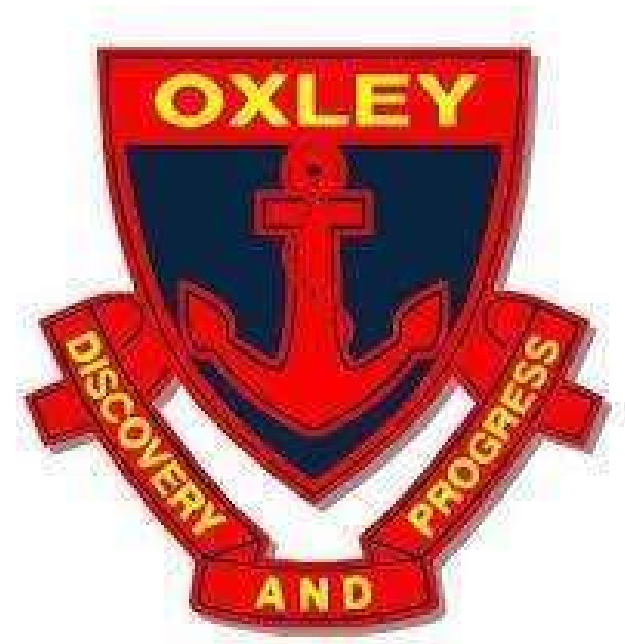


Why Did We Choose This Action Plan?

- We chose this event to create easy ways for students to be active during breaks without feeling like it is a huge effort to maintain.
- The prizes also encouraged participation. Having sporting equipment and canteen vouchers as prizes encouraged participation and it helped to build a strong foundation to promote school spirit, healthy competition, and social connections.
- The incentives will help students stay engaged and excited.

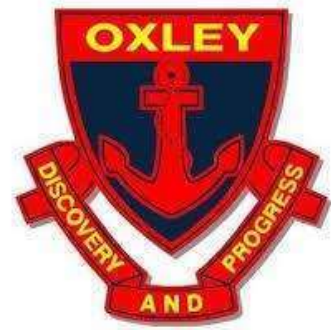
Leaving a legacy

- **2. Annual Event for School Spirit and Social Connection**
- An event to build social connections, school spirit, and tradition could be a "**Spirit Day**" or "**Active Day**", where:
- **Theme-based activities:** The event could revolve around fun themes like a color run, field day, or "Around the World" where students take part in different physical activities).
- **Group Challenges:** Include team-building exercises and games that require collaboration (relay races, tug-of-war, treasure hunts) to foster school spirit.
- **Student Participation:** Encourage students and staff to help organize the event, maybe through student councils or clubs, so they feel more connected to the tradition.
- **Community Involvement:** Involve local businesses or alumni in sponsoring the event or participating in the activities, which can also create a larger sense of community.
- **Annual Competitions:** Set up ongoing friendly competitions that culminate in the event, such as class vs. class sporting tournaments or fun physical challenges.



Annual event Colour Run 2025

- We have teamed with the Year 12 2025 Charity committee to create a Colour Run to support their chosen Charity. As the SALSA students will be in Year 12 2026 we will continue the colour run and collaborate with the SALSA students of 2026 building on the school spirit, building tradition and leaving a legacy..





COLOUR RUN

- The timeline for our action plan Colour Run 13th March 2025 has been fully approved by the Oxley High Executive Committee and preparations have started for this event.
- 3. Incorporating School Traditions
- To ensure it becomes an annual event:
 - **Make it a school-wide tradition:** Use school-wide announcements, posters, and social media to promote the event ahead of time, making it something everyone looks forward to.
 - **Document the Event:** Have a photography or video team capture highlights to create a tradition of memories and videos that can be shared in the following year.
 - **Custom Merchandise:** Consider creating event t-shirts, hats, or other merch to further promote school spirit, which students can wear year after year.
 - **Involve Alumni:** Reach out to alumni to return for the event, share their experiences, and connect with current students.
 - **By combining physical activity with fun, social connection, and school spirit, your action plan can effectively engage students and create a lasting tradition!**

Timeline