

The Vaping Cessation Workshop for Wellbeing Staff in Schools

Wellbeing School Staff (n=21), High Schools (n=17)

We held a one-day workshop for wellbeing staff from High Schools across Sydney with the aim to build capacity of Wellbeing staff to assist students to quit vaping within a supportive school environment. Below are the findings of the post workshop evaluation.

What activities and learning took place?



Vaping information, tools & resources



Interactive activities



Case study roleplays



Open group discussions

After the workshop, participants reported the following gains:



Improved their knowledge of vaping harms, laws & alternatives



Improved their awareness of resources & referral pathways



Can confidently support students to quit vaping



Can administer screening tools for tobacco use in students

What did participants think about the workshop?



91% rated the workshop as **EXCELLENT**



“Facilitators were really easy to work with and information was easily accessible”

“It was informative and practical with tools we can take back to school.”