




Breathe Easy

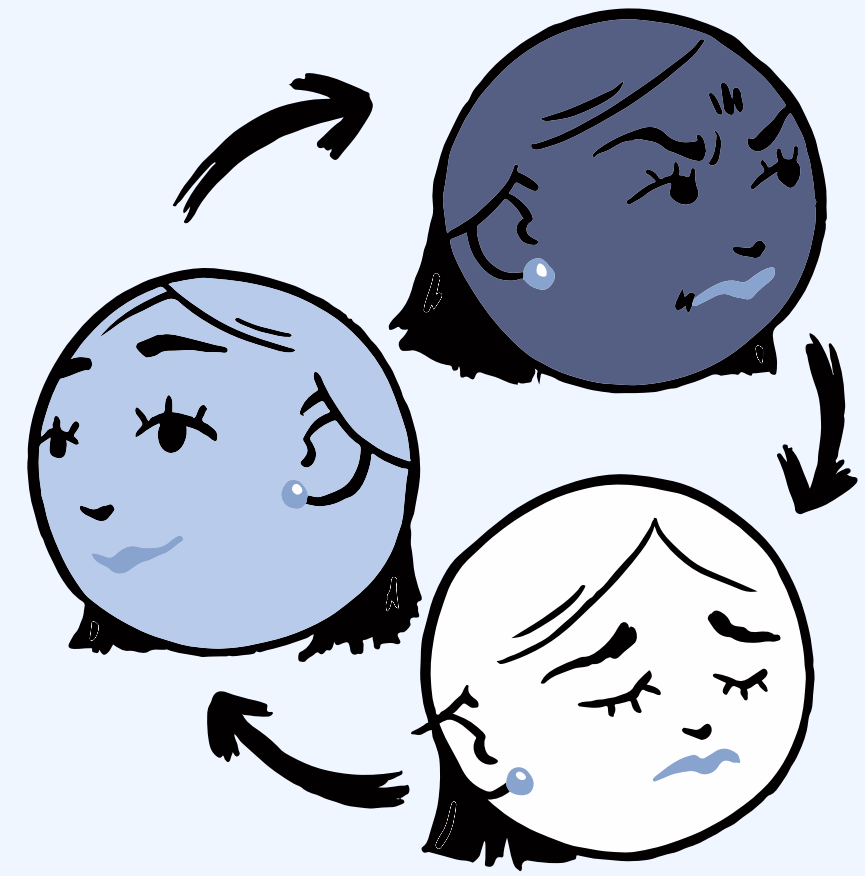
High School Anxiety Awareness
PENOLA CATHOLIC COLLEGE

CAMPAIGN MADE BY
LILY, LIV, BELLA AND OLLIE



Introduction: Who are we?

 **4 students from Penola
Catholic College**





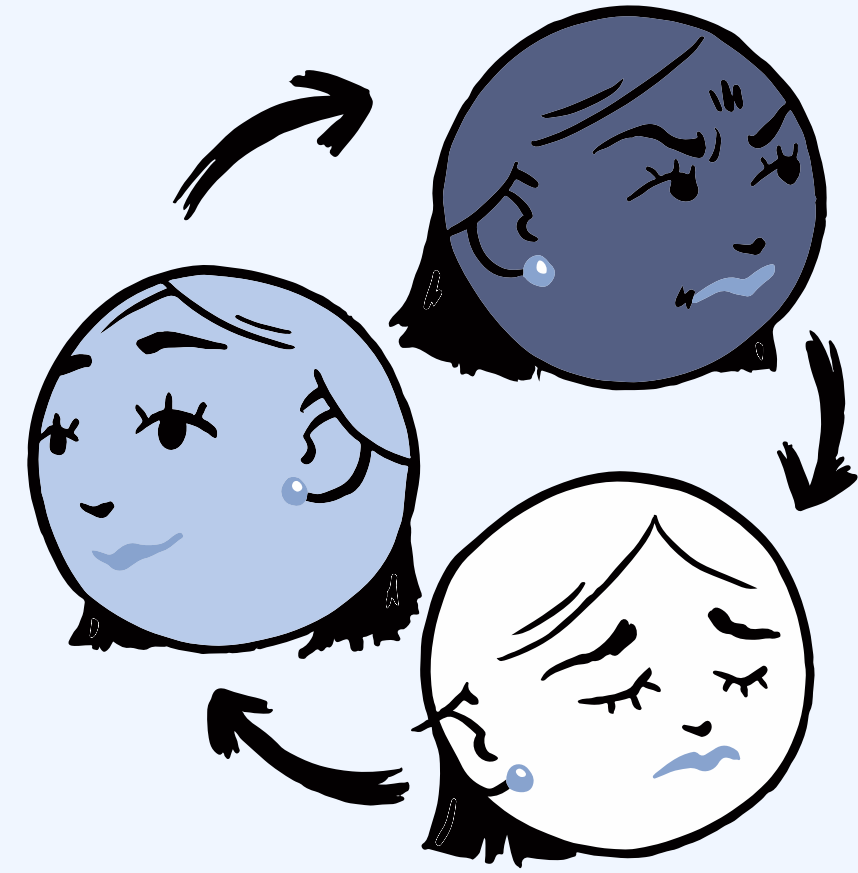
Introduction: Who are we?



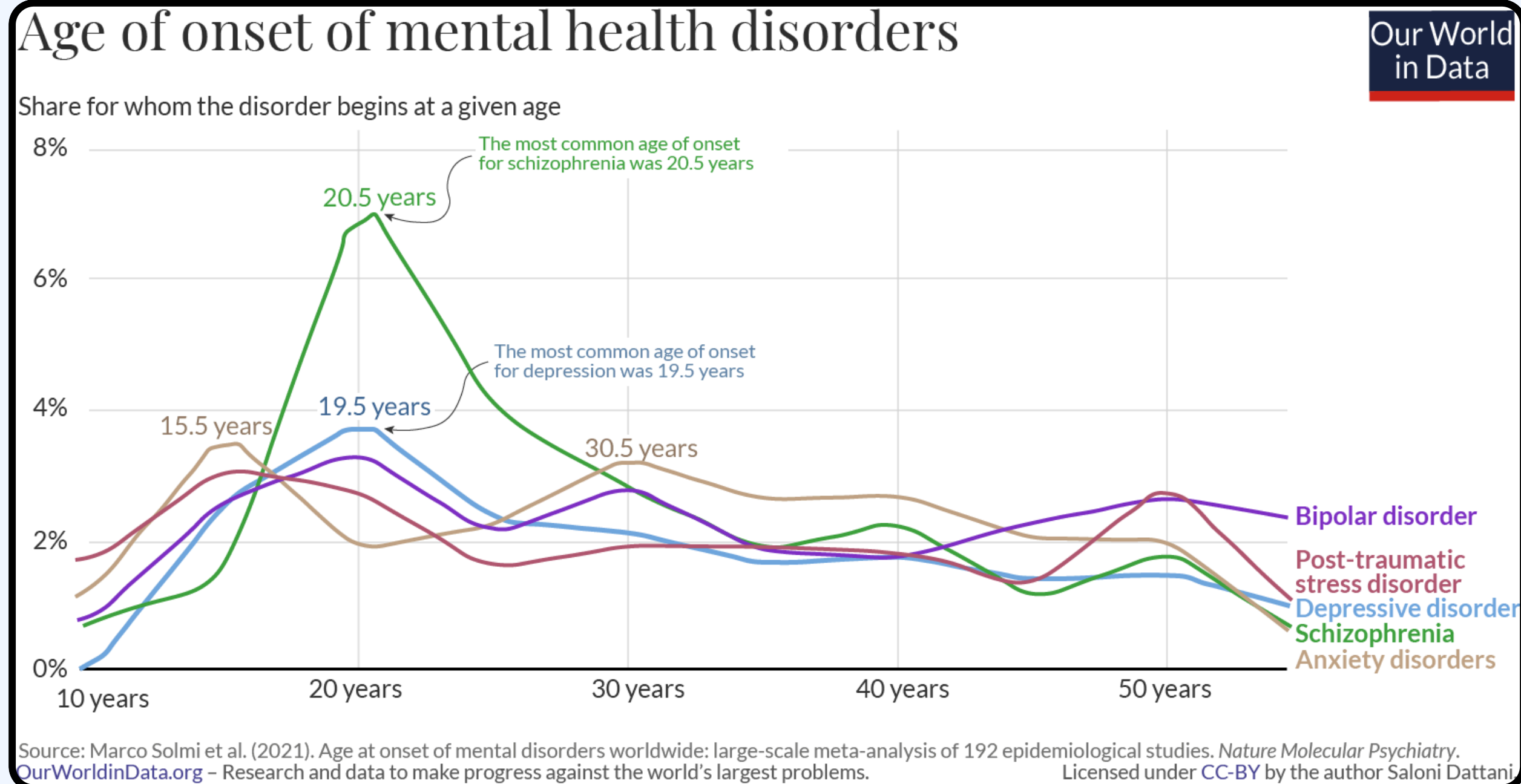
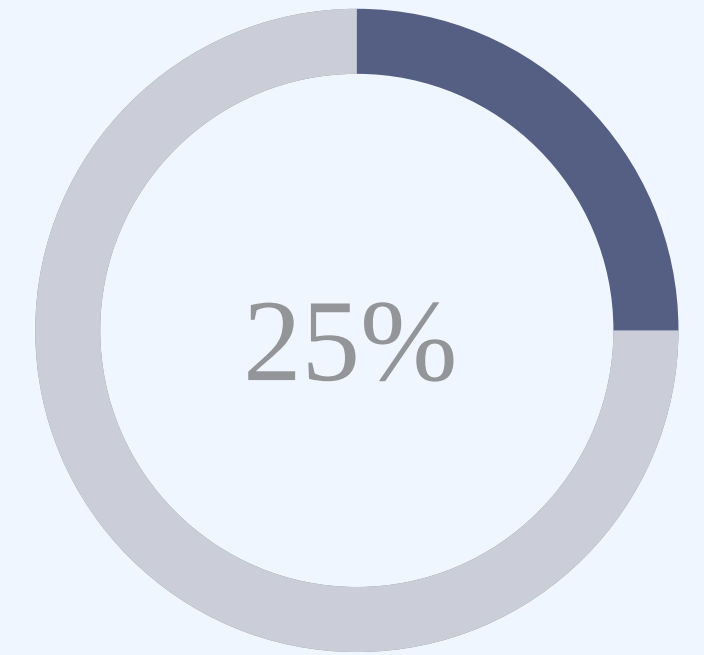
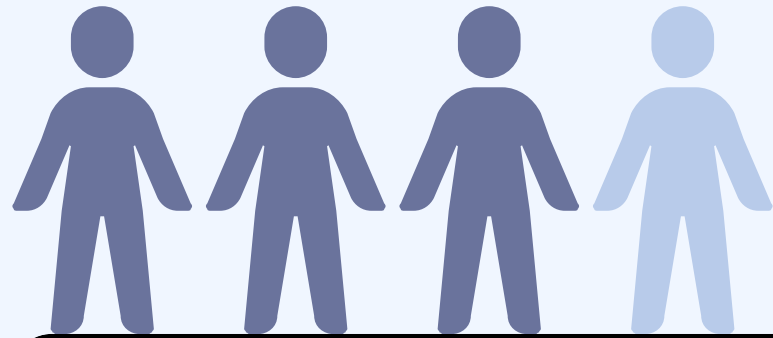
**4 students from Penola
Catholic College**



**Speaking about health issues
among young people: anxiety**



Background





**What is our
campaign?**





Our program



**35 minute vocal and visual
presentation**



Our program



**35 minute vocal and visual
presentation**



Peer to peer education



Our program



35 minute vocal and visual presentation



Peer to peer education



A personal story



Our program



35 minute vocal and visual presentation



Professional advice



Peer to peer education



A personal story

Why is this campaign effective?

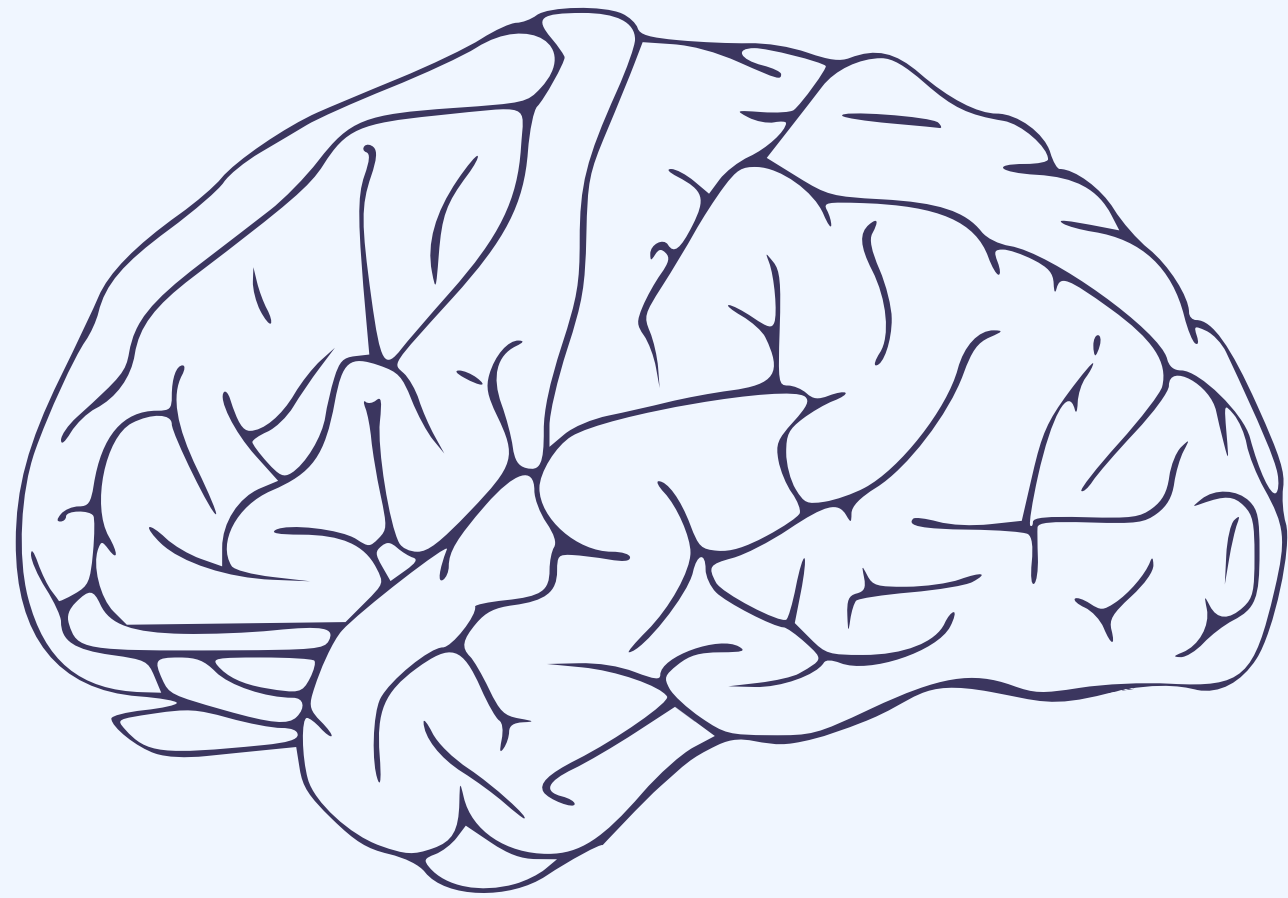


 **informative**





Why is this campaign effective?



informative

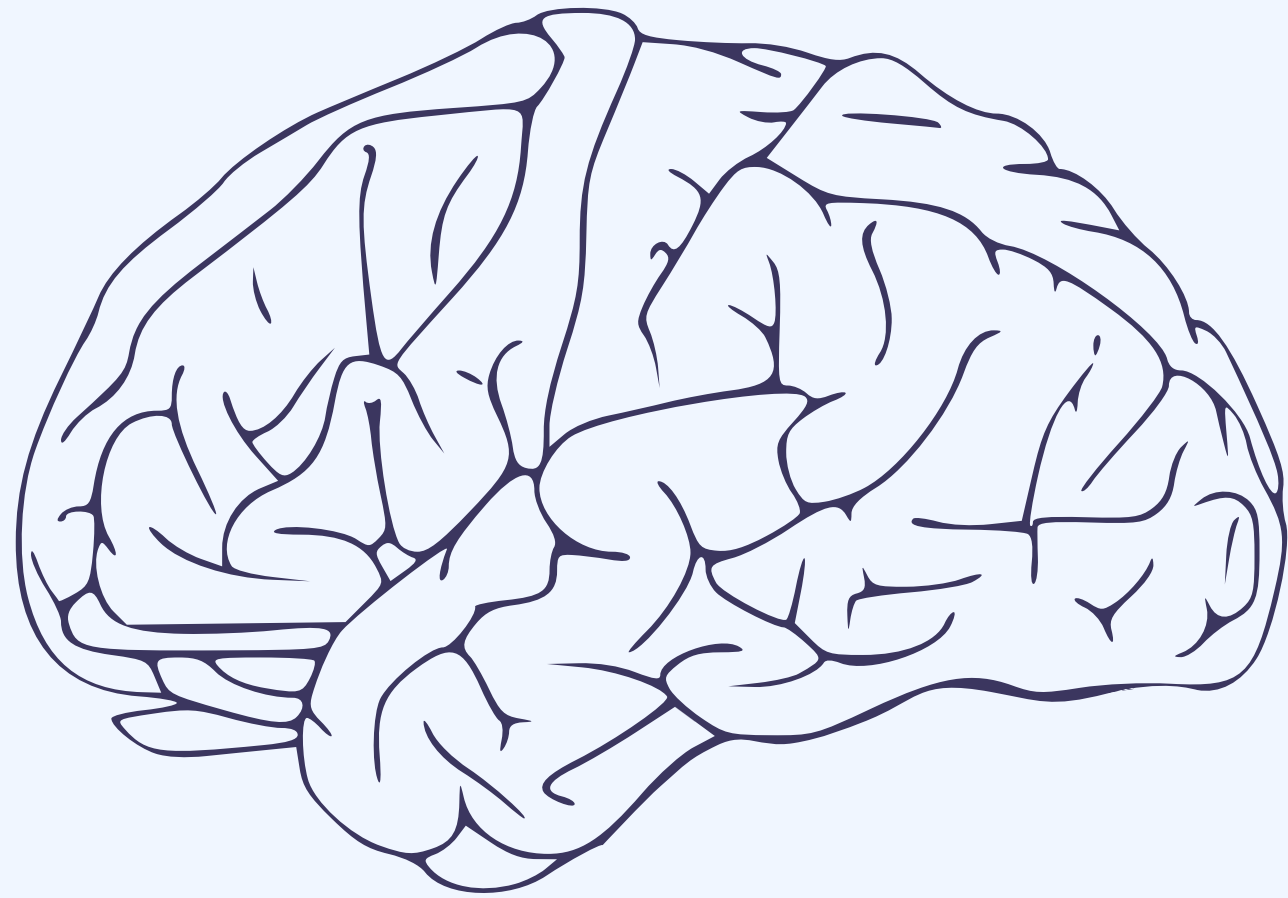


relatable





Why is this campaign effective?



informative



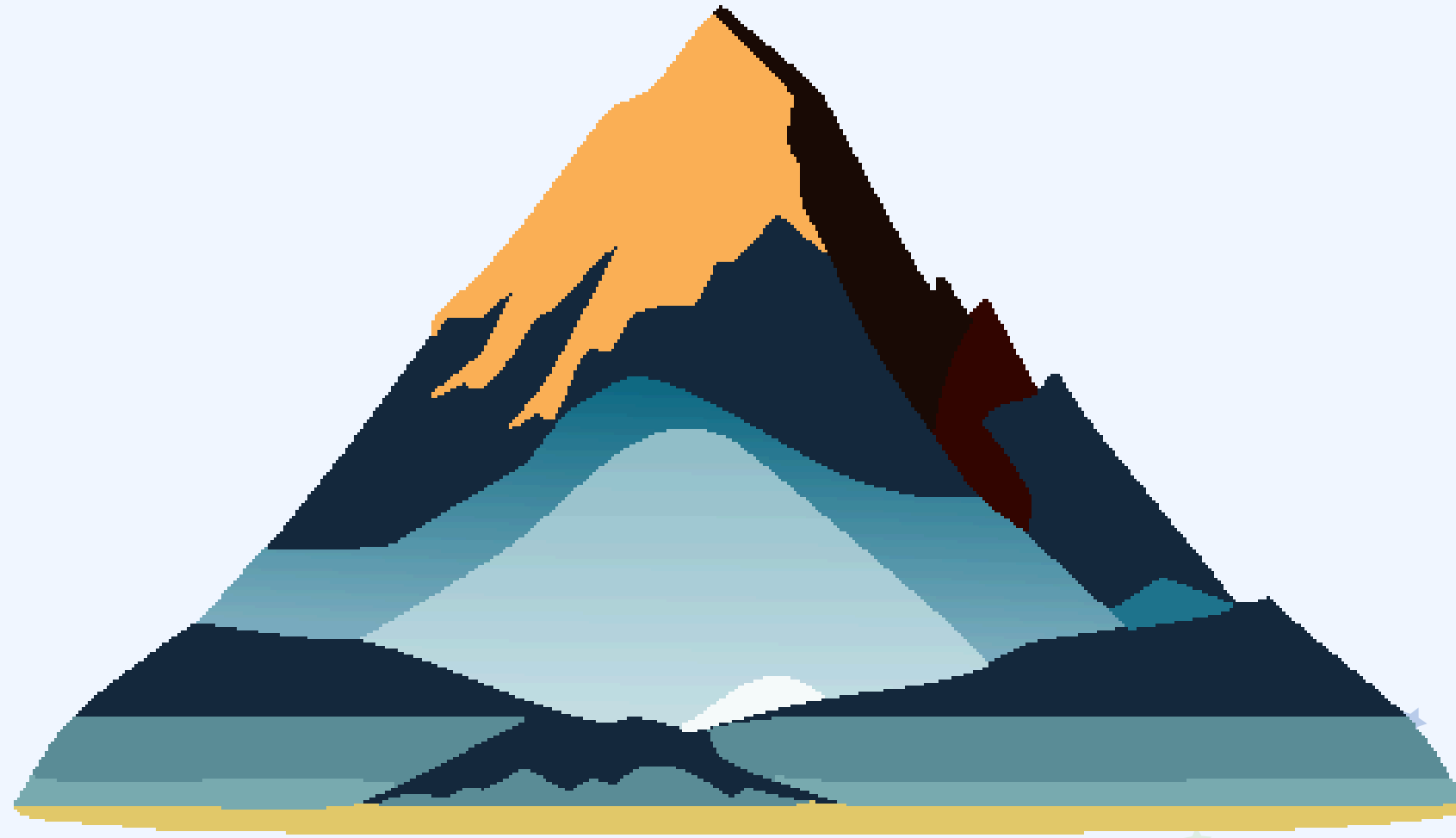
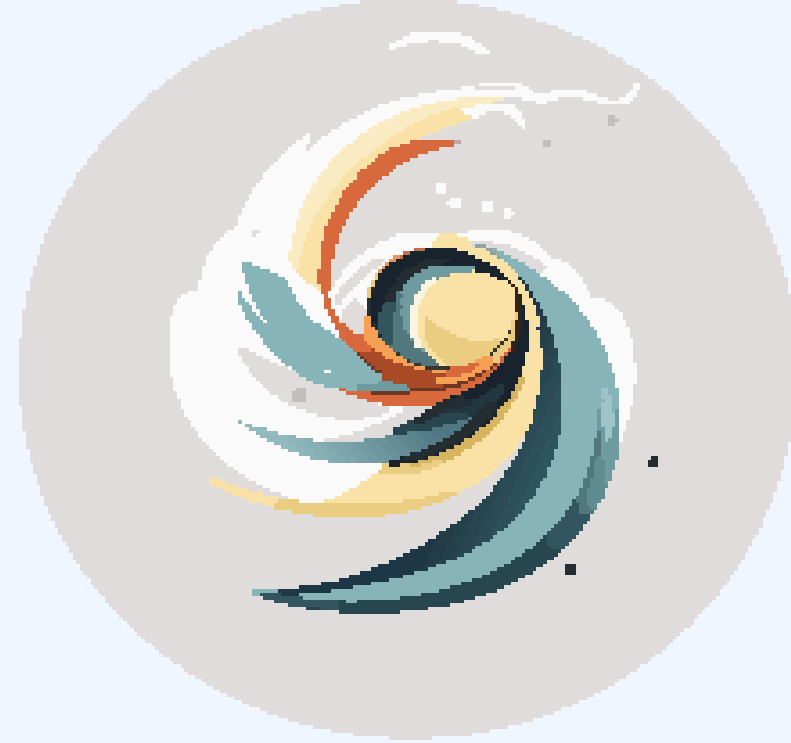
relatable



EMPOWERING!!



Thank you!



So remember to

**BREATH
EASY**

