



**COLYTON  
HIGH  
SCHOOL  
GROUP 2**



# DON'T VAPE YOUR LIFE AWAY CAMPAIGN!

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Our goal is to reduce the number of young people who vape.

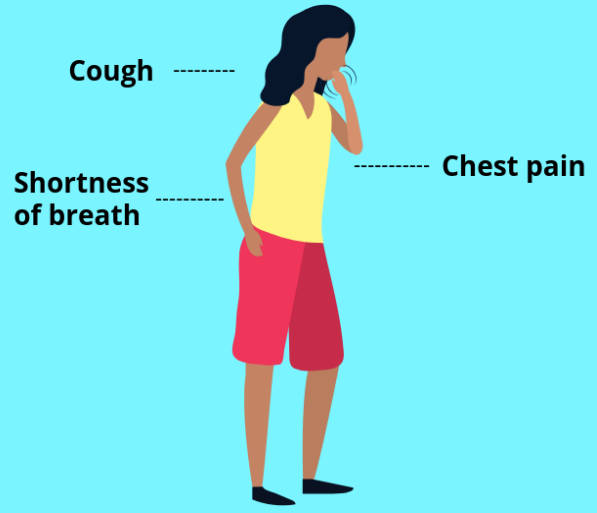


Vaping affects people's physical, mental and emotional health by decrease in life expectancy, more expensive medical appointments and increases anxiety/stress.



We are targeting the number of 12-17 year old female and male who vape and don't vape.

Symptoms of severe respiratory illness related to vaping may include...



If you've recently vaped and are having difficulty breathing, please seek medical attention immediately.

For more information visit [healthoregon.org/acd](http://healthoregon.org/acd) 

# WHY ARE VAPES BAD AND WHAT ARE THE SIDE EFFECTS?



Ingredients in vapes	Side effects of vaping
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Nicotine, cannabis, propylene, glycel, vegetable glycerin, water and food grade colouring	Coughs, shortness of breath, fatigue, headaches, dizziness, sleepiness and different types of cancer.
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**Say NO to VAPING!**



Contains-  
nicotine  
cannabis  
propylene  
glycel  
vegetable glycerin  
water  
food grade flavouring

causes lung disease  
as well as  
cardiovascular  
disease



**DON'T VAPE YOUR LIFE AWAY!**

**CALL 13 78 48 (13QUIT)**

► Our idea is to create bright and engaging posters which includes less information and more photos because not everyone enjoys reading lots of information.

► If our posters work out well our next idea is to manufacture a short video and talk about the side effects of vaping, ingredients, illustrations/images of vaping and lungs and including our posters to create more awareness.

► If both of our plans work out we will try and sponsor celebrities or influencers who don't vape and ask them to share their stories about not vaping and share our campaign as well.



THANK  
YOU FOR  
LISTENING.  
DOES  
ANYONE  
HAVE ANY  
QUESTIONS  
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