

# 'Vape free futures'

Health Hackthon

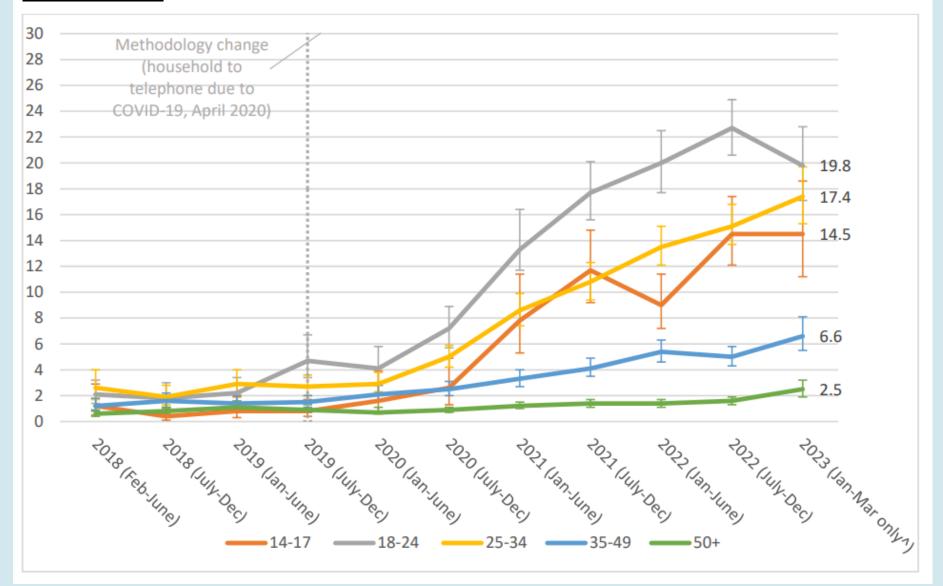


#### The Problem

- Vaping harms ones physical and mental body
- Peer pressure is a leading cause for the start of vaping
- Vaping harms everyone and everything in the surroundings
- Vaping has been branded positively in the market, as compared to smoking

#### The Need

Figure 2: Six-monthly prevalence of current vaping by age group, 2018 to 2023 (weighted %).





# The campaign Vape free futures



### What is the campaign

Workshops as a part of the school

Student-Led

Aim is to prevent more people from vaping

Trialled at Castle Hill High School





## Target Audience

14-18 Years

Prevention of vaping

### The campaign

The Aim of our campaign is to raise awareness around vaping through prevention strategies:

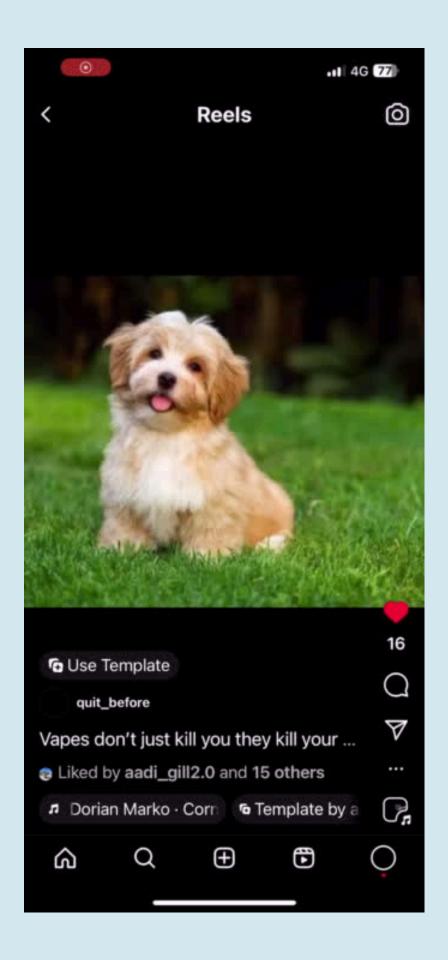
- Balloon: Students will be provided 3 balloons, 2 helium and 1 normal balloon.
- Reel competition: Students will be shown instagram reels and then will be encouraged to create their own anti-vaping reels.

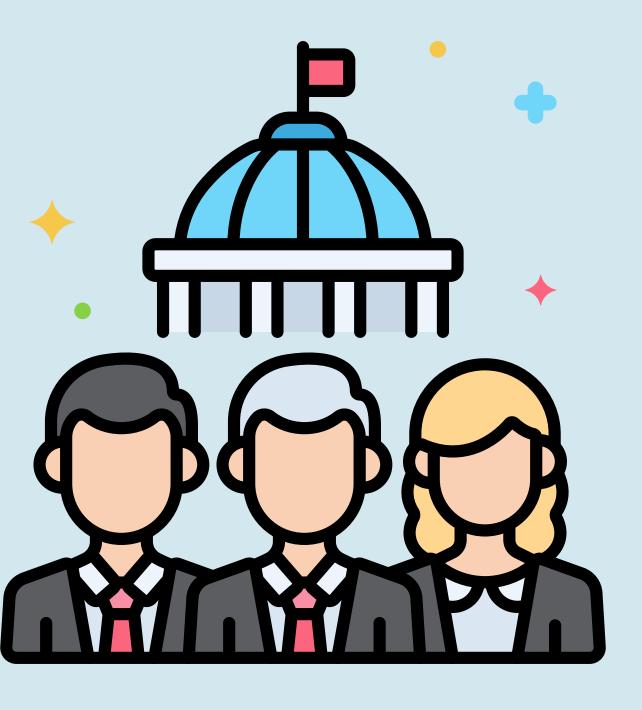


#### Reels examples



Using social media is one of the best strategies to spread awareness. These reels use trending audios (inside out) and pictures to clickbait in a positive way. Winner's reel can be sponsored.





### Seeking Government Support

- We need the government to sponser our campaign.
- Government will benefit from it as they will need to spend less resources for the campaign to be successful, being student led.
- Make it a mandatory part of school every year
- Help the government decrease highschool drug use.



#### How will it be influential?

- Large trial market, biggest schools
- Student led, focused directly on the needs
- Different to current campaigns
- Can be manipulated to focus on other health concerns
- With the government support upscaling is easier

# Thank You

