



William Clarke College



**Be Smart Don't Start**  
For more information



"Not a high"



**BLOWING YOUR LIFE AWAY.  
ONE HIT AT A TIME**

**THE NICOTINE IN  
1 VAPE COULD  
=  
50 CIGARETTES**

**VAPING CAN KILL.  
DONT START**



Model Farms High School



Western Sydney  
Local Health District

**Be Smart Don't Start**  
For more information



"Blowing your life away"



# ADDICTION

INCREASED HEART RATE

VOMITING, NAUSEA, PAIN

COUGH  
INCREASED AIRWAY RESISTANCE  
INCREASED BLOOD PRESSURE

# CHEST PAIN

# IRRITATION, BLURRY VISION, WOUNDS

V A P I N G

Colyton High School



Western Sydney  
Local Health District

**Be Smart Don't Start**

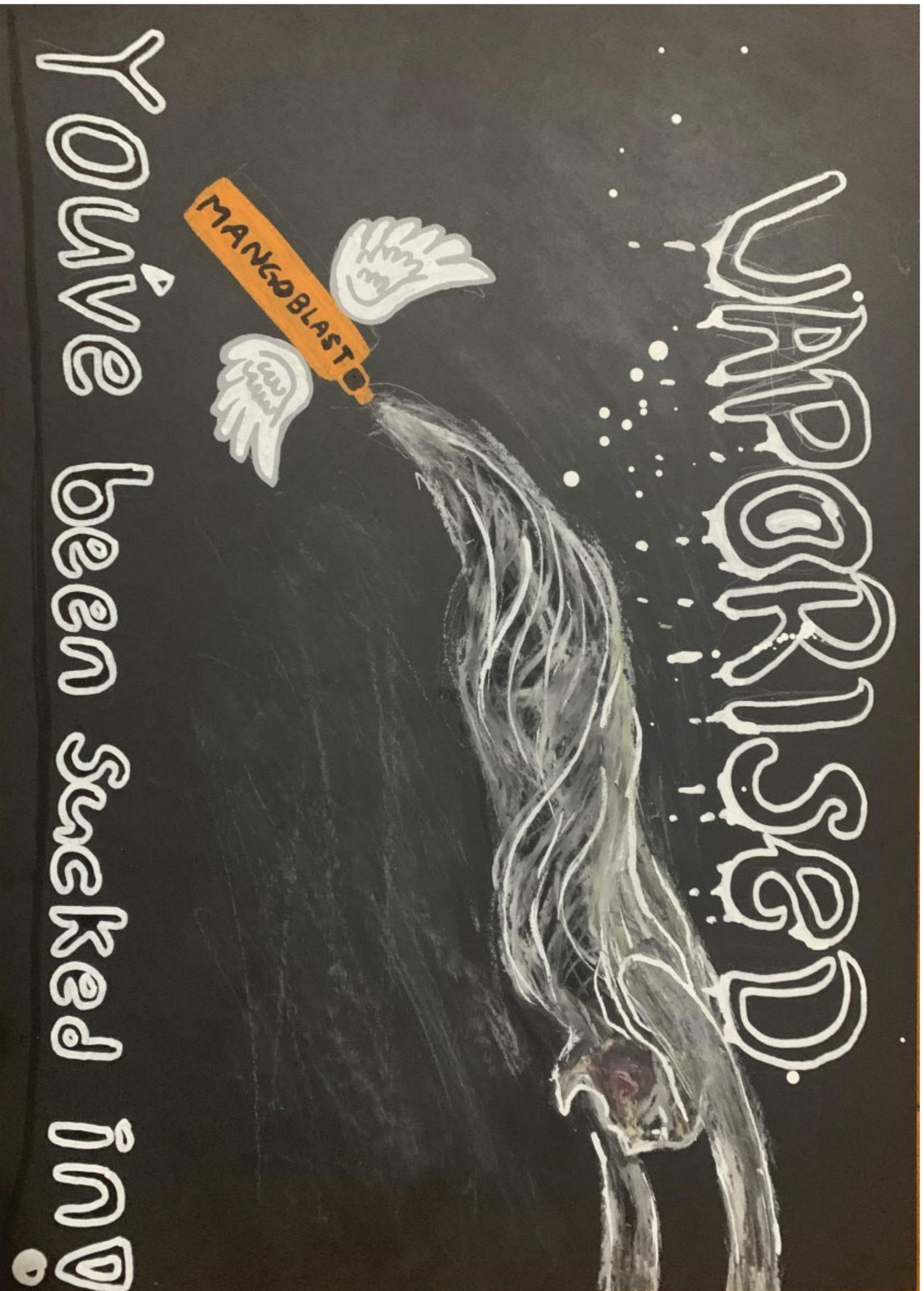
For more information



"Health impacts of Vapes"



# Youth Voices Unpacking Vaping in Schools, 2022



Redbank School



Western Sydney  
Local Health District

**Be Smart Don't Start**

For more information



"Genie in a vape"

